



UNIVERSITY OF PERPETUAL HELP
DR. JOSE G. TAMAYO MEDICAL UNIVERSITY
STO. NIÑO, BIÑAN, LAGUNA
BACHELOR OF SCIENCE IN MIDWIFERY
FOUR YEAR CURRICULUM
CMO No. 33 Series 2007



Government Recognition No. 105 Series 2015

**COURSE DESCRIPTION
OF BSM**

A. Language and Humanities

ENGLISH 1 – Communication Skills 1 (3 units)

Basic skills of listening, speaking, reading and writing.

ENGLISH 2 – Communication Skills 2 (Speech and Oral Communication) (3 units)

Intermediate skills of listening, speaking, reading and writing.

ENGLISH 3 – Technical Writing – (3 units)

A study of the different types of technical writing. This is a presentation of scientific and technical information necessary for socio-economic development which includes reports, write-ups, business correspondence, minutes of the meeting, position paper and research proposals.

English 4 (Literature) PHILIPPINE LITERATURE (3 units)

Deals with the literature of the Filipino writers during the pre-Spanish period up to the present with emphasis on the contemporary writers (Filipino and English), their works and contribution to the Philippine literary heritage as well as to its dynamism (evolution of literature). Also evaluate the place of Filipino writers in the international literary setting.

Elective (Foreign Language) Spanish (3 units)

This subject helps the learner the basic fundamentals of this language ,its conjugation, .simple sentences and translation of simple English to Spanish and common phrases being utilized.

FILIPINO 1 – Sining ng Pakipagtalastasan (3 units)

Tinatalakay sa kursong ito ang sining nga pakipagtalastasan gaya ng paggamit ng wika sa makabuluhan, praktikal at malaganap na paraan sa araw-araw na pamumuhay. Lilinangin ang mga kasanayan at pagpahayag, paglalahad, paglalawan, pagsalaysay at pangangatwian.

FILIPINO 2 – Panitikan (3 units)

Lilinangin sa mag-aaral ang kaalaman at kakayahan sa wastong pakikinig at mabisang pagpapahayag, sa pagbasang may mataas na pang-uunawa, pagpapahalaga at wastong pagpapakahulugan, wastong pagsulat at kaalaman sa mga tuntunin nga ortograpiyang Pilipino; kaalaman at kasanayan sa gamiting Pilipino.

LOGIC – Critical Thinking (3 units)

A systematic study of definition and division of concepts, the formulation of judgments, immediate inferences through inductive and deductive reasoning.

PHILOSOPHY OF HUMAN PERSON (3 units)

An inquiry into man as a person and his existence in this world with emphasis on the Filipino in the content of his culture and Society

B .Mathematics: Math 1 ,Nat. Science, Info Technology and Biostatistics

MATH 1 – College Algebra (3 units)

Linear equations, algebraic and graphical solutions of the quadratic equations, exponents and radicals, complex numbers, binomial expansion, determinants, progressions, theory of equations.

BIOSTATISTICS (3 units)

A value or measure that describes a particular quantitative observation. Collection, description and interpretation of data obtained by conducting surveys and experiments.

GENERAL ZOOLOGY – (2 Lecture units) (1 unit lab)

An introduction to the general principle of Zoology. It covers major generalizations in the different branches of zoological science, a study of the frogs as a representative animal and a brief survey of the different phyla of the animal kingdom.

INFORMATION TECHNOLOGY – (3 units)

Provides an introduction into the internal components and interrelated functions of a computer system. Discusses the impact of computers on society and attending computer issues now and in the future.

Social Sciences

PSYCHOLOGY 1 (General Psychology,) (3 units)

Contemporary approaches to analysis and treatment of complex human behavior.

SOCIOLOGY AND ANTHROPOLOGY (3 units)

An introduction to the basic concepts of man's interrelationship with other men and his environment. The nature human society and culture, social structure and non-literate societies particularly with respect to their kinship systems.

HEALTH ECONOMICS WITH TAXATION AND LAND REFORM (3 units)

Concepts of microeconomics, money and banking, economic growth and development and international economics in relation to health.

Mandated Subjects

PHILIPPINE GOVERNMENT AND CONSTITUTION (3 units)

Trends of the growth, organization, functions and workings of the government of the Republic of the Philippines with emphasis on Philippine Constitution, including its comparative analysis.

RIZAL'S, LIFE AND HIS WRITINGS (3 units)

Biography of Dr. Jose Rizal; a critical view of the social order in which he lived through an analysis of his works and letters, his opinions on nationalism, government, religion, education, philosophy of living and the relevance of these ideas to the contemporary Philippine scene.

Physical Education

PE 1 - Self-Testing Activities and Gymnastics (2 units)

PE 2 – Individual and Dual Sports (2 units)

PE 3 – Rhythmic and Aquatics (2 units)

PE 4 – Team Sports (2 units)

NSTP

LTS – Literacy Training Service

Designed to teach literacy and numeracy skills to school children, out-of-school youth and other segment of society in need of their services.

CWTS – Civic Welfare Training Service

Program component of activities contributory to the general welfare and the betterment of life for the community or the enhancement of its facilities especially devoted to improving health, education, environment, entrepreneurship, safety, recreation, and moral of the citizenry and other social services.

CWTS-EENSTP-CWTS

Component dealing with environmental education (EE) – this will allow environmental literacy among NSTP-CWTS students, focus on the basic concept and principles of environmental education, carry out environmental education projects.

CWTS-IFE- NSTP component consists of CWTS for improving family environment (IFE). It deals with clarifying values of Family Management recognizing their importance and putting them into practice. It will also focus on learning and applying the basic principles in organizing community towards development.

Core Courses

PRIMARY HEALTH CARE 1 (4 units lecture)

Concepts and principles in the provision of basic services of health promotion/ maintenance and disease prevention at the individual and family level.

PRIMARY HEALTH CARE 2 (3 units lecture)

This course allows the students to recognize and function as social change agents engaged in organizing communities, gracing social consciousness and empowering communities to become aware of their circumstances together with other encompassing roles as generalists.

ANATOMY AND PHYSIOLOGY (3 units lecture , 2 lab) (5 units)

Focuses on structure, functions and adaptations of the human body with emphasis on physiological regulations, adaptive mechanisms.

MICROBIOLOGY AND PARASITOLOGY (3 units, lecture 1 lab) (4 units)

Deals with the physiological and pathogenic properties of bacteria, fungi and viruses as an introduction to disease causation. Deals with the component of the immune system and host-parasitic interaction.

PRINCIPLES, METHODS AND STRAT IN TEACHING HEALTH EDUCATION (3 units Lecture)

This course is concerned with the theories and principles, which are used as bases for teaching and learning. It includes the strategies and evaluation processes needed in teaching and learning.

NUTRITION AND DIETETICS (3 units lecture)

Presents the various nutrients, their functions, sources, metabolism, physiology and interrelations. It encompasses human nutritional requirements and importance of good nutrition to one's health, the family and the community.

GENERAL PHYSICS (PHYSICS) (3 units lecture . 2 Lab) (5 units)

Selected topics in classical and modern physics including kinetics and Newton's law of motion, electric and magnetic fields, fundamental laws of electromagnetic waves, ideas of quantum physics. This course does not require calculus.

GENERAL CHEMISTRY 1 (Inorganic and organic) (3 units lecture. 2 Lab) (5 units)

The impact of chemistry on man and the environments, its relevance to everyday life and current issues that lend themselves to discussion. Description of the atomic, ionic and molecular structure of matter, chemical bonding, chemicals in food and agriculture, medicinal use of chemicals, drug and drug abuse, poisons and pollution and consumer products

PROFESSIONAL COURSES

MIDWIFERY 100 (Foundations of Midwifery Practice) (3 units)

The course provides the student with the basic/necessary knowledge, skills and acceptable attitudes in the care of individuals and families. It includes comfort measures applied to individual clients and drug administration.

CP – 100 (Clinical Practicum 100) (3 units)

The course develops the students basic skills in the care of individuals and families.

MIDWIFERY 101 (OB 1 – Normal Delivery and Care of the New Born) (3 units)

The course deals with the concepts of normal pregnancy, labor and delivery, puerperium, and the care of the newborn, introduction of concepts related to family planning and responsible parenthood. It includes intravenous insertion, vaginal examination and suturing.

CP –101– A (Clinical Practicum 101-A) (3 units)

The course deals with the skills in:

1. Management of normal pregnancy, labor and delivery, puerperium, and the care of the newborn.
2. Counseling in family planning and responsible parenthood, and
3. Intravenous insertion, vaginal examination and suturing.

CP – 101 – B (Clinical Practicum 101-B) (1 unit)

The course is a continuation of CP 100-A. It enables the students to proceed to the clinical areas in order for them to complete their experiences and course requirements.

MIDWIFERY 102 (Pathological Obstetrics, Basic Family Planning and Care of Infants) (3 units)

This course deals with the concepts of complications of pregnancy labor and delivery, its causes and management, care of infants and children including integrated management of childhood diseases and basic family planning.

CP 102 – A (Clinical Practicum 102 – A) (6 units)

This course deals with the important skills in identifying complications of pregnancy, labor and delivery including integrated management of childhood diseases and basic family planning.

CP 102 – B (Clinical Practicum 102 – B) (7 units)

The course is a continuation of CP 102-A. It enables the students to proceed to the clinical areas for completion of experiences and case requirements.

MIDWIFERY 103 (Professional Growth and Development) (3 units)

The course deals with aspects of Midwifery Practice. It includes midwifery ethics, professional growth, career development , current trends and issues including related laws affecting health care and midwifery practice and principles of bioethics.

MID 104 –(Clinical Mgt. OB Emergencies High Risk Pregnancy Management). (3 units)

This course deals with clinical management of obstetrical emergencies and high risk pregnancies, including the elements of Reproductive Health.

CP 104 (Clinical Practicum – 104) (3 units)

This course deals with the necessary skills needed in the management of obstetrical emergencies and high risk pregnancies, including the elements of Reproductive Health.

Community Health Service Management (3 units)

The course focuses on:

1. Comprehensive discussion of the concept approaches, strategies and processes of community health development.
2. Facilitating community involvement in the identification of health needs and priorities and
3. Management of community health services

CP CHM (Clinical Practicum – Community Health Service Management) (3 units)

This course deals with the development of skills in identifying health needs and managing community health services.

Midwifery Pharmacology (3 units)

This course deals with the different drugs used in conditions affecting pregnancy, labor and delivery and responsibilities of the midwife in drug administration.

M-105 (Comprehensive Family Planning) (3 units)

This course deals with population dynamics, population program, assessment of family planning (FP) client, modern methods of FP, promotion/counseling, motivation, provision of FP services and management of a family planning clinic.

CP 105 (Clinical Practicum 105) (3 units)

This course deals with the development of skills in providing family planning services to the target population as well as in the management of a family planning clinic.

Midwifery Entrepreneurship (3 units)

The subjects deals with the challenging opportunities for midwives to look deeper into their profession and venture it into an entrepreneurial endeavor.

Care of Children in Early Childhood (3 units)

It focuses on the care of children their growth and development, diseases and conditions affecting them.

1. Discuss the normal growth and development of children.
2. Identify the nutritional requirements of the growing child
3. Assess conditions children with specific disorders.

CP ECC (Clinical Practicum – Early Childhood Care) (3 units)

This course deals with the development of skills necessary in the early childhood care.

Midwifery Research 1 (Proposal Writing) (3 units)

This deals with the purposes, historical background, types/methods of research and steps in the research process focusing on researchable health concerns.

Midwifery Research II (Paper Writing and Presentation) (3 units)

It focuses on a number of broader issues ranging from strategic planning for health care research to local endeavors to develop, disseminate and use of research in clinical practice.

M-106 (Administration and Supervision) (3 units)

This course focuses on the development of the administrative and supervisory skills of the professional midwife. It includes discussion of ethico-moral concepts relative to issues and concerns in the midwifery administration and supervision.

CP 106 (Clinical Practicum 106) (3 units)

This courses focuses on the development of the administrative and supervisory skills of the professional midwife.

Midwifery Majors (3 units)

The courses is focused on the development of skills in any one of the major courses that the students will enroll in. The graduating student will choose one from the major courses listed and will devote the whole semester in specializing on the selected courses.

CP Major (6 units)
BSM 4 must select only One Major

Midwifery Educational Program Management (3 units)

This courses focuses on the educative process which includes the aims educational setting curriculum, methods of teaching. This takes into account the material and skills which must be mastered as well as the appropriate teaching learning methods, relevant evaluation of attitudes as well as the mastery of skills and content necessary in the management of midwifery educational program.

Community Health Service Management (3 units)

The course focuses on:

1. Comprehensive discussion of the concept approaches, strategies and processes of community health development.
2. Facilitating community involvement in the identification of health needs and priorities and
3. Management of community health services

Reproductive Health (3 units)

The courses deals with in –depth discussion of the concepts, issues and strategies concerning the ten elements of reproductive health.

Administration and Supervision (3 units)

This course focuses on the development of the administrative and supervisory skills of the professional midwife. It includes discussion of ethico-moral concepts relative to issues and concerns in the midwifery administration and supervision.

**Health Care Facility Management
(Application of Entrepreneurship**

(3 units)

This courses aims to develop the students understanding of the concepts and principles of health care facility management. It includes formulation of mission/vision, goals and objectives of the facility. This will also provide the students the ability to discuss approaches, strategies and processes on entrepreneurship, quality services and client relation.

BSM I & II

Clinical Practicum

25 units x 51 hours

1,275 hours

BSM II & IV

21 units x 51 hours

1,071 hours

BSM I- IV total Clinical Units &Hours

46 units x 51 hours

2,346 hours

Institutional Requirements

FCL 1 (Filipino Christian Living 1) (2 units)

Is the introductory course in the UPHSL & Filipino Christian Living Program. It defines and explains. The Catholic faith inspiration of the Founders, which became the pillars of the philosophy, vision, and mission of the institution. The discussions include the Eight Perpetualite Values, the Logo, the Perpetualite Hymn and the Perpetualite Pledge. The first part covers the identity of the University and the second part covers the identity of the Perpetualite. It also introduces the students to the Initiation Sacraments of Baptism, Confirmation, and Holy Eucharist. The experiential methodology is highlighted in the discussion on Filipino good manners and right conduct.

FCL 2 (Filipino Christian Living 2) (2 units)

- focuses on the nature of man's relationship to God and to his fellowmen. It deals with Salvation History and the importance of love as the basic element in being a man of God. It highlights the basic principles of morality and the celebration of the Sacraments of Healing such as the Reconciliation/Penance and Anointing of the Sick.

FCL 3 (Filipino Christian Living 3) (2 units)

- is about the Perpetualite as an achiever. The highest quality of performance is developed in him as a way of life. Thus, his achievement starts here at school in his academic life to be continued later in his professional life, and in everything that he will do in life. It includes areas of Perfection, Love, Marriage and Family, Communion Sacraments and Good Manners and Right Conduct.

FCL 4 (Filipino Christian Living 4) (2 units)

- works on the premise that the Perpetualite is basically a social being. He lives in a society of which he is very much a part. That society is basically here in his country. But this country is a part of greater whole, the community of nations. Thus, a Perpetualite should love his country, yet he should also be concerned of the realities outside of it. Furthermore, it highlights the nature of man's relationship to God through his fellowmen. It discusses man's role in the Church especially in responding to the call of love and service for others. Includes Social Doctrine, Solidarity, Good Governance, Peace, Good Manners and Right Conduct.

FCL 5 (Filipino Christian Living 5) (2 units)

This course is a continuation of the discussion and commitment building to the UPHS Perpetualite Values. Specifically, its focus is on how the value of Filipino Christian Leadership could help develop the Perpetualite become a Christian leader. Emphasis is also given to the "leadership character of the Perpetualite as it helps him in nation building.

FCL 6 (Filipino Christian Living 6) (2 units)

- A Perpetualite is basically a lover of life. He has to promote life realizing that it is a gift from God. Thus a true and authentic Perpetualite is also a Minister of Life, hence, he should possess the virtues of care, love, and respect for all living things.

CL 7 (Filipino Christian Living 7) (2 units)

Leads to a realization that a Perpetualite is basically a character and nation builder. But before he becomes a nation builder, he should build himself. Thus, he should have a thorough understanding of himself and of his identity. Furthermore, he should possess and should practice the values that are ingredients to nation building such as the values of peace and development, love, solidarity, and social justice.

FCL 8 (Filipino Christian Living 8) (2 units)

Is the fulfillment of all the FCL program. It moves the Perpetualite to actualize virtues/values to be acquired by loving and helping others. As Helper of God, he should be a living witness of total service to others. He should possess the characters of a true Helper of God such as humility, obedience, love and dedication to help others especially the lost and

Prepared by:

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Dean, College of Midwifery



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**COURSE DESCRIPTION
FOR TWO YEAR COURSE**

A. Language and Humanities

ENGLISH 1 – Communication Skills 1 (3 units)

Basic skills of listening, speaking, reading and writing.

ENGLISH 2 – Communication Skills 2 (Speech and Oral Communication) (3 units)

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ENGLISH 3 – Technical Writing – (3 units)

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FILIPINO 1 – Sining ng Pakipagtalastasan (3 units)

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FILIPINO 2 – Panitikan (3 units)

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LOGIC – Critical Thinking (3 units)

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PHILOSOPHY OF HUMAN PERSON (3 units)

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B .Mathematics: Math 1 ,Nat. Science, Info Technology

MATH 1 – College Algebra (3 units)

Linear equations, algebraic and graphical solutions of the quadratic equations, exponents and radicals, complex numbers, binomial expansion, determinants, progressions, theory of equations.

GENERAL ZOOLOY – (2 Lecture units) (1 unit lab)

An introduction to the general principle of Zoology. It covers major generalizations in the different branches of zoological science, a study of the frogs as a representative animal and a brief survey of the different phyla of the animal kingdom.

INFORMATION TECHNOLOGY – (3 units)

Provides an introduction into the internal components and interrelated functions of a computer system. Discusses the impact of computers on society and attending computer issues now and in the future.

Social Sciences

PSYCHOLOGY 1 (General Psychology,) (3 units)

Contemporary approaches to analysis and treatment of complex human behavior.

SOCIOLOGY AND ANTHROPOLOGY (3 units)

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HEALTH ECONOMICS WITH TAXATION AND LAND REFORM (3 units)

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Mandated Subjects

PHILIPPINE GOVERNMENT AND CONSTITUTION (3 units)

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RIZAL'S, LIFE AND HIS WRITINGS (3 units)

Biography of Dr. Jose Rizal; a critical view of the social order in which he lived through an analysis of his works and letters, his opinions on nationalism, government, religion, education, philosophy of living and the relevance of these ideas to the contemporary Philippine scene.

Physical Education

PE 1 - Self-Testing Activities and Gymnastics (2 units)

PE 2 – Individual and Dual Sports (2 units)

PE 3 – Rhythmic and Aquatics (2 units)

PE 4 – Team Sports (2 units)

NSTP

LTS – Literacy Training Service

Designed to teach literacy and numeracy skills to school children, out-of-school youth and other segment of society in need of their services.

CWTS – Civic Welfare Training Service

Program component of activities contributory to the general welfare and the betterment of life for the community or the enhancement of its facilities especially devoted to improving health, education, environment, entrepreneurship, safety, recreation, and moral of the citizenry and other social services.

CWTS-EENSTP-CWTS

Component dealing with environmental education (EE) – this will allow environmental literacy among NSTP-CWTS students, focus on the basic concept and principles of environmental education, carry out environmental education projects.

CWTS-IFE- NSTP component consists of CWTS for improving family environment (IFE). It deals with clarifying values of Family Management recognizing their importance and putting them into practice. It will also focus on learning and applying the basic principles in organizing community towards development.

Core Courses

PRIMARY HEALTH CARE 1 (4 units lecture)

Concepts and principles in the provision of basic services of health promotion/ maintenance and disease prevention at the individual and family level.

PRIMARY HEALTH CARE 2 (3 units lecture)

This course allows the students to recognize and function as social change agents engaged in organizing communities, grasping social consciousness and empowering communities to become aware of their circumstances together with other encompassing roles as generalists.

ANATOMY AND PHYSIOLOGY (3 units lecture , 2 lab)

Focuses on structure, functions and adaptations of the human body with emphasis on physiological regulations, adaptive mechanisms.

MICROBIOLOGY AND PARASITOLOGY (3 units, lecture 1 lab)

Deals with the physiological and pathogenic properties of bacteria, fungi and viruses as an introduction to disease causation. Deals with the component of the immune system and host-parasitic interaction.

PRINCIPLES, METHODS AND STRATEGIES IN TEACHING HEALTH EDUCATION (3 units Lecture)

This course is concerned with the theories and principles, which are used as bases for teaching and learning. It includes the strategies and evaluation processes needed in teaching and learning.

NUTRITION AND DIETETICS (3 units lecture)

Presents the various nutrients, their functions, sources, metabolism, physiology and interrelations. It encompasses human nutritional requirements and importance of good nutrition to one's health, the family and the community.

PROFESSIONAL COURSES

MIDWIFERY 100 (Foundations of Midwifery Practice) (3 units)

The course provides the student with the basic/necessary knowledge, skills and acceptable attitudes in the care of individuals and families. It includes comfort measures applied to individual clients and drug administration.

CP – 100 (Clinical Practicum 100) (3 units)

The course develops the students basic skills in the care of individuals and families.

MIDWIFERY 101 (OB 1 – Normal Delivery and Care of the New Born) (3 units)

The course deals with the concepts of normal pregnancy, labor and delivery, puerperium, and the care of the newborn, introduction of concepts related to family planning and responsible parenthood. It includes intravenous insertion, vaginal examination and suturing.

CP –101– A (Clinical Practicum 101-A) (3 units)

The course deals with the skills in:

1. Management of normal pregnancy, labor and delivery, puerperium, and the care of the newborn.
2. Counseling in family planning and responsible parenthood, and
3. Intravenous insertion, vaginal examination and suturing.

CP – 101 – B (Clinical Practicum 101-B) (1 unit)

The course is a continuation of CP 100-A. It enables the students to proceed to the clinical areas in order for them to complete their experiences and course requirements.

MIDWIFERY 102 (Pathological Obstetrics, Basic Family Planning and Care of Infants) (3 units)

This course deals with the concepts of complications of pregnancy labor and delivery, its causes and management, care of infants and children including integrated management of childhood diseases and basic family planning.

CP 102 – A (Clinical Practicum 102 – A) (6 units)

This course deals with the important skills in identifying complications of pregnancy, labor and delivery including integrated management of childhood diseases and basic family planning.

CP 102 – B (Clinical Practicum 102 – B) (7 units)

The course is a continuation of CP 102-A. It enables the students to proceed to the clinical areas for completion of experiences and case requirements.

MIDWIFERY 103 (Professional Growth and Development) (3 units)

The course deals with aspects of Midwifery Practice. It includes midwifery ethics, professional growth, career development , current trends and issues including related laws affecting health care and midwifery practice and principles of bioethics.

Institutional Requirements

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FCL 2 (Filipino Christian Living 2) (2 units)

- focuses on the nature of man's relationship to God and to his fellowmen. It deals with Salvation History and the importance of love as the basic element in being a man of God. It highlights the basic principles of morality and the celebration of the Sacraments of Healing such as the Reconciliation/Penance and Anointing of the Sick.

FCL 3 (Filipino Christian Living 3) (2 units)

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FCL 4 (Filipino Christian Living 4) (2 units)

- works on the premise that the Perpetualite is basically a social being. He lives in a society of which he is very much a part. That society is basically here in his country. But this country is a part of greater whole, the community of nations. Thus, a Perpetualite should love his country, yet he should also be concerned of the realities outside of it. Furthermore, it highlights the nature of man's relationship to God through his fellowmen. It discusses man's role in the Church especially in responding to the call of love and service for others. Includes Social Doctrine, Solidarity, Good Governance, Peace, Good Manners and Right Conduct

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